

# HEALTHY MIDDAY MENU 12.50

## IZAKAYAS


Edamame 


Miso Soup

Yasai Yakitori (Vegetable skewer) 

Vegetable Tempura

Gyozas (2u)

Chicken Thai Fingers 

Gohan 


Wakame Salad 

ADD SOME NOODLE ROLLS TO YOUR MENU FOR +3€  
Corral Chicken Roll  or  Salmon Avocado Roll



## MAIN DISH

### SALADS


Vegan Ponzu Salad 

Chicken Salad


### SOUP NOODLES


Miso Ramen

Nabeyaki Udon

 Kashiwa Soba

### STIR-FRIED NOODLES

Yasai Yakisoba or Yaki Udon 

Heura Yakisoba or Yaki Udon 



Chicken Yakisoba or Yaki Udon

Beef Yakisoba or Yaki Udon (+2€)

Seafood Yakisoba or Yaki Udon (+2€)

### RICES

Oyako Don

Yasai Karee & Tofu (With vegetables)  



## DESSERTS

Two Ice Cream Scoops

Fruit Salad with Vanilla Ice Cream

Banana & Cho-co with Coconut Ice Cream

SWAP YOUR DESSERT FOR ONE OF THE  
À LA CARTE MENU FOR +2€  
ADD A COFFEE TO YOUR MENU FOR +1€



## DRINKS

Still or Sparkling mineral water

Coca Cola / Zero

Orange / Lemon Fanta / Nestea /Aquarius



Beer Estrella Damm 20cl (or alcohol free)

Beer Damm Lemon

Glass of Red or White Wine Torres

SWAP YOUR DRINK FOR A COLD ARIZONA TEA FOR +1,5€  
OR FOR A JAPANESE BEER FOR +2€

MIDDAY MENU DURING WORKING WEEKDAYS  
INDIVIDUAL MENU | TAX INCLUDED

 VEGETARIAN  VEGAN  LIGHT SPICY  SPICY



# Healthy Midday Menu



**An Izakaya**  
Asian-inspired tapa



**A main dish**



**A dessert**



**And a drink**

WHAT'S MORE, FOR A LITTLE EXTRA  
YOU CAN ADD ANOTHER IZAKAYA, A COFFEE,  
OR SWAP YOUR DESSERT OR DRINK.

**UDON**

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